



IDPS

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MS. RACHNA BHIMRAJKA
CHARTERED ACCOUNTANT &
FOUNDER, FUN2LEARN

“Do everything you have to do, but not with greed, not with ego, not with lust, not with envy but with love, compassion, humility and devotion.” – The Bhagavad Gita

This quote from “The Bhagavad Gita” describes best Ms. Rachna Bhimrajka, a qualified Chartered Accountant and the Founder of FUN2LEARN. She is registered in the “World Book of Records London” for organizing one of the biggest Virtual Felicitation Ceremony “FUN2LEARN's Acharya Chanakya Shikshavid Samman” for 651 educators, mentors, life coaches and motivational speakers from all over the world and recognize their efforts in education and towards society for non-stop 12 hours.

She is a woman who has successfully played many roles in her life. She is much more than an enthusiastic and focussed Edupreneur and entrepreneur for more than one and a half decade. She is the Founder of FUN2LEARN and a National and International speaker for more than one and a half

year. She conducts handwriting programs and several skill development programs and workshops.

Rachna aggressively works for women empowerment and the “Beti Padhao, Beti Bachao” mission. She is of the notion that women can empower and uplift each other. She has trained more than 1,25,000 students till now and she also works as a curriculum designer of Handwriting, Vedic maths, Phonics, and Abacus programs with various schools. She has also authored 17 books with the copyright from the Govt of India.

But things were not so smooth always. Here it from Rachna herself:

“I have seen a lot of ups and downs throughout my life. I have had business failures, relationship failures, anxiety and depression too. When I was around 35 years of age, my full day meal consisted of only Parle-G biscuit to eat throughout the day, which was just worth Rs.5.

I believe every challenge is an opportunity. Life's not what is served to you on a palatable platter. It is what you make and thrive from what's available to you. There are only two mindsets: CAN I? Or I CAN It's your choice which mindset you want to adapt and live by.

From being the youngest pampered sibling to being the eldest daughter-in-law with a load of responsibilities,

From an introvert child to a super charged up Mom,

Managing money to work and meeting the expenses,

From Coping with pain & anger to Taking my company Fun2learn to an International level & starting my own talk show 'Rapid Talks with Rachna' to overcome the introverted and shy person within me,

I found my solace in educating and grooming the kids who need me.

Every failure or mistake has taught me new lessons in life and turned out to be a blessing in disguise. Today, I feel every challenge has been extremely rewarding in the end.”

Rachna is associated with many social & educational organisations like All India Principal Association, where she is the National Creative Head, Global Youth Parliament where she is the Deputy Coordinator. She is also the National Advisor at World Teachers' Association and the Sports Academy of India. Apart from this, she contributes as the Corporate Partner of Association of Primary Education and Research and she is a member of CIMSME in the Women Entrepreneurs Segment. She is a proud recipient of plethora of awards for her untiring, innovative and dedicated efforts towards society and education. She envisions a society where creativity is given more importance in education.

She firmly believes that Your Handwriting speaks about Your Personality and Your Handwriting is your Brain writing. Thus, FUN2LEARN seeks to involve children into innovative, educational and fun programs and wants to ensure that every child receives the opportunity to enhance their respective skills. The company has been organizing both state-level and national level handwriting competitions for the last 10 years.

Fun2Learn, a 10-hour handwriting program launched in 2008, has also been organizing various award ceremonies to felicitate the great work of the educators like, the famous Naari to Narayani Samman, Acharya Chanakya Shikshavid Samman, HEE – HIS EXCELLENCY AWARDS and ALL INDIA HANDWRITING CHAMPIONSHIP etc. These exclusive award shows are conducted to recognize the efforts of educators and kids who are continuously and relentlessly putting efforts in shaping the society.

If there is one lesson that we can definitely learn from Rachana's story, it's that “you can get through your darkest days. During your darkest times, remember that brighter days are always ahead. You just have to keep believing in yourself, working hard and keep giving it your all.” If education is a gift, then educator is the one who endows it selflessly and thus, deserves due respect.

Rachana wants all the readers to remember that even when it feels like no one else is listening, God is always listening to you. So never stop believing in the Almighty and keep pursuing your dreams.

Sudha Murthy

- ▲ Sudha Murthy is the chairperson of the Infosys foundation and bestselling author. She has a master's degree in electrical engineering from the India Institute of Science, Bengaluru. She started her career as a development engineer and has also taught Computer Science at Bengaluru University Colleges. She is a columnist for English and kannada dailies, with twenty-nine books and 200 titles to her credit. Her books have been translated into twenty languages. Sudha Murthy is all women in one. She is a determined doer, a globetrotter, a resilient social worker, a brilliant engineer, a homemaker, an author and she keeps adding more roles to her persona.
- ▲ She has founded several orphanages, participated in rural development efforts, supported the movement to provide all Karnataka government schools with computer and library facilities, and established Murthy Classical Library of India at Harvard University. Murthy initiated a bold move to introduce computer and library facilities in all schools in Karnataka & taught computer science. She got the "Best Teacher Award" in 1995 from Rotary Club at Bengaluru (erstwhile Bangalore).
- ▲ National Award from Public Relation Society of India for outstanding Social Service to the Society
- ▲ Award for Excellent Social Service by Rotary South – Hubli
- ▲ 2000: 'Karnataka Rajyotsava' State Award for the year 2000, for achievement in the field of literature and social work
- ▲ 2001: 'Ojaswini' award for excellent socialist.
- ▲ 'Millenium Mahila Shiromani' award
- ▲ 2004 Raja-Lakshmi Award by Sri Raja-Lakshmi Foundation in Chennai
- ▲ 2006: She also received the R.K. Narayana's Award for Literature.
- ▲ 2010: Daana Chintamani Attimabbe Award by Karnataka Government.[23]
- ▲ 2011: Murthy was conferred honorary LL.D (Doctor of Laws) degrees for their contributions to promote formal legal education and scholarship in India.



Vibrant - Gujarat

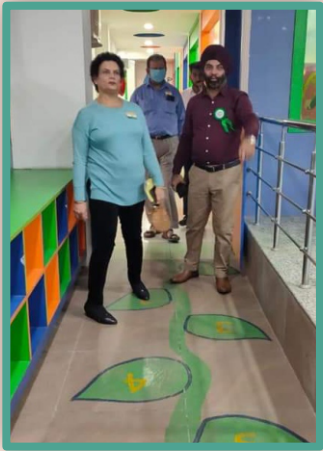
- ▲ Gujarat is derived from Sanskrit (Gurjar-Rashtra), the Gurjar nation. Gujarat was known as Gurjaratra (country ruled or protected by the Gurjars) or Gurjarabhumi (land of the Gurjars) for centuries prior to the Mughal period.
- ▲ Gujarat has the longest sea shore compared to any other Indian state.
- ▲ Gujarat has been one of the main centres of the Indus Valley Civilization. It contains major ancient metropolitan cities from the Indus Valley such as Lothal, Dholavira, and Gola Dhero. India's first port was established at the ancient city of Lothal.
- ▲ Gujarat has seventeen airports, which makes it the state with highest number of operating airports in India.
- ▲ Gujarat has the highest number of vegetarian people compared to any other state in India.
- ▲ Gandhinagar is the greenest capital city in whole Asia.
- ▲ Gujarat is having the least crime against women among all Indian states after Goa.
- ▲ The oil refinery at Jamnagar is the world's largest grass-roots refinery. It is operated by Reliance Petroleum Limited, which is one of the group companies of Reliance Industries Limited founded by Dhirubhai Ambani.
- ▲ Ahmedabad is the city with the lowest crime rate among all Tier-I and Tier-II cities of India as per National Crime Records Bureau (NCRB) report. The world's third largest denim manufacturer is Ahmedabad's Arvind Mills.
- ▲ Gujarat is one of the most prosperous states of the country, having a per-capita GDP 3.2 times India's average.
- ▲ Gujarat is the only state in India to have a statewide gas grid of 2,200 km.
- ▲ The state owned Wide Area Network is the largest IP-based ICT network in Asia Pacific Region and second largest in the world, connecting 26 districts and 225 talukas through 12,000 nodes.
- ▲ The world's first pure vegetarian Subway and Domino's outlet was opened in Ahmedabad.
- ▲ Gujarat is the only home of Asiatic Lions. Gujarat is the only present natural habitat of lions outside Africa.
- ▲ Gujarat is the largest producer of milk in India. Amul – Anand milk co-operative federation products are well known all over India, and it is Asia's biggest dairy.
- ▲ Indian Institute of Management, Ahmedabad (IIMA) is Asia's 1st and world's 45th ranked management college located in Ahmedabad, Gujarat.



A Momentary view of Activities

Independence Day

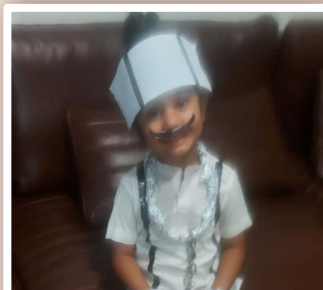
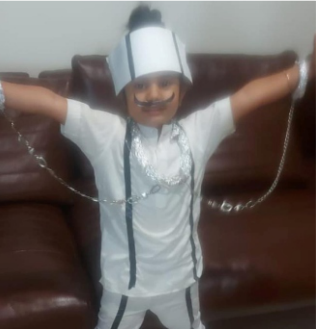
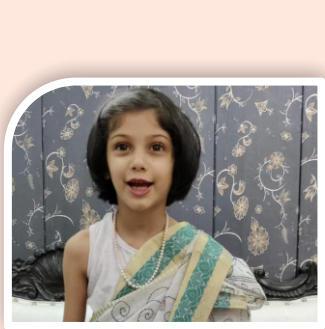
FLAG HOISTING CEREMONY The significance of Flag Hoisting ceremony is more than symbolic , it embodies the feeling of patriotism represents the struggle and hard work of our freedom fighters who laid down their lives to get the freedom. IDPS JAMMU hoisted the Tri color in the revered presence of **Dy SP Shashi Thakur**, the Management of IDPS, the Principal and the Administrative staff of IDPS.



A Momentary view of Activities

Independence Day

Freedom in mind and faith in our words! Pride in our heart , memories in our souls! Acting gives you a story to tell, a reason to cry, And lets you for once be someone other than yourself. "The ability to step into another character's shoes comes quite naturally to most children. Activities like Character Dramatization challenge children to develop a more sensitive understanding of a variety of viewpoints whilst sharpening their language and movement skills. The little ones got dressed up and enacted as Freedom fighters.



A Momentary view of Activities

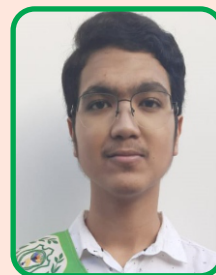
Raksha Bandhan

Raksha Bandhan signifies the most endearing bond between brothers and sisters. To make this festival more exciting and help the little ones to understand the importance of this festival they got involved in a fun filled activity of making a card for their sibling, created Chocolate Bouquet for their sibling & created their own colorful Rakhis with the craft material.



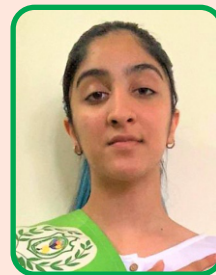
Aarush Gupta - Head Boy

"A leader is one who knows the way, Shows the way and goes the way." I, Aarush Gupta put into words the feelings of my heart well after I have been chosen as the Head Boy of this esteemed institution. For me, being the head Boy is not about position or the title but it is about action and example which can make a difference. It is an honour and privilege for me to be a head boy of the school. I, as a leader not just to lead you but to work in collaboration with each one of you to achieve the best for our school. I assure you that I will leave no stone unturned to make our school scale the heights of success. At last I again extend my warm gratitude towards the school administration and worthy faculty for letting me to be a part of the Students Council and for giving me the opportunity to work with such amazing teachers and as well as with Great Students Council.



Alishba Mughal- Head Girl

May our learning be holistic that conjoins our body, mind and heart. May our dreams so beyond individual destinations and kind humanity. May our growth be realistic that leads us to maximum happiness. May our contribution be significant to the greater good of the society. We all are here to learn, to dream, to grow and to contribute. This is what makes our lives worthwhile! Being elected as the head girl of the school, I, Alishba Mughal, see this as a great opportunity; an opportunity to inculcate values, discipline and harmony in lives of others; an opportunity to lead by example. This indeed is an opportunity to create a shared vision force better society. I will lead the school with the only agenda of staging exemplary results. I promise to work hard with all the zeal, devotion and determination. I'll try my best and work persistently for the excellence of our school. The school cabinet selected from the masses, by the masses and for the masses will surely help students grow and excel and become better humans by keeping the child within them awake.



Rizwana- House Captain (Spartans)

Greetings everyone! I Rizwana Shafiq, would like to thank my loving and caring teachers for guiding me, inspiring me and making me what I'm today. And of course I would like to thank my friends, classmates and schoolmates for their never ending cooperation and friendly attitude. Mother Teresa once said "You can do what I cannot do, I can do what you cannot do, together we can do great things" so this year I promise together we will do lot many things, because we have many goals to accomplish both academic and co-curricular and I believe we learn only when we are involved. Now, I would like to end up my words by saying that 'leadership is about action not about position'. I won't walk ahead of you, instead I will walk beside you and together we will do great things.



Areeba- House Captain (Knights)

I, Areebah Khan of Grade 11th deem it a great honour and privilege to extend the vote of thanks, Once a great man whispered," Feeling thankfulness and not expressing it, is like wrapping a present and not giving it," Today I take the opportunity to put all my gratitude into words. My vision for the International Delhi Public School is that this institute encourages students to develop well rounded, confident and responsible individuals who aspire to achieve their full potential. IDPS provide happy, Safe, and Supportive learning environment in which everyone is equal and all achievements are celebrated which help us to boost our confidence, Here I am provided with high quality learning experiences based on a road and balanced curriculum. For the very smooth functioning of our school it is only our very school management responsible. thankfulness for such actually managing every thing so very accurately I thank you principal and vice principal for their stewardship, vision, commitment and un-stinted support.



Aqif- House Captain (Trojans)

Every human being has multiple roles to play in life. A boy can be a brother, a son, a friend and I am honoured and humbled to have another identity – House Captain of IDPS. It is a certain privilege for me to be addressing you as the House Captain of this school. After I joined IDPS, I have felt drastic change in myself. I understood the importance of helping others and self discipline in life. This year will no doubt be a challenging year for me but I will try to play my part to help and lead the school in positive direction and I am at ease knowing that I am not alone in this quest. Behind me there are a unique group of boys and girls who will form the perfect team. I know that you will not hesitate and we too are expressing our feelings and expectations with each other and I am confident that we will together make a great change. At last I express my gratitude towards the enlightening and enabling visions of our school.



Hadiya- House Captain (Samurai)

To respected teachers and all my dear friends I, Hadiya Tabassum, by the grace of God and blessings of all I have been appointed as the House Captain of IDPS. Every organization requires discipline & proper system to grow. I would like to thank the school management and teachers who acknowledge my potential. I feel privileged to hold this position. I'm grateful and thankful to the Lord on this special occasion. It's indeed a pleasure for me to carry out the assigned responsibilities in a sincere, systemic and dedicated manner. My prime duty will be to take care of the norms of discipline of our school. I thank God for this great moment and ask him to shower his blessings upon us throughout the year. One greatest lesson what I have learnt is that we should always give more than we get, thank you all for giving me so much including this chance to give back. It is really a great responsibility and I assure you all to shoulder it with sincerity. I would like to thank all my elders and friends for showing faith in me. I hope with the cooperation of my elders. I will be able to fulfill my duties.



Tavishi- Vice House Captain (Spartans)

Thanks giving for such a very wonderful school management. The very manner you all actually deal with all the very problems of the students and also so very quickly that you actually solve them is so very appreciable as well as so very applaudable. Thankfulness for such an outstanding school management. Our schools vision is to develop well rounded, confident and responsible individuals who aspire to achieve their full potential. We will do this by providing a welcoming, happy, safe, and supportive learning environment in which everyone is equal and all achievements are celebrated. We aim to develop well-rounded and thoughtful students prepared to cope with a changing post-modern and globalized world. We aim to encourage each child to be independent and develop a sense of responsibility for themselves and respect for others in the environment. Our school empowers all students to embrace learning, achieve their personal best and build their emotional, social and physical well-being. Our vision is to prepare and motivate our students for a rapidly changing world by instilling in developing critical thinking skills a global perspective, and a respect for core values of honesty, loyalty, perseverance, and compassion.



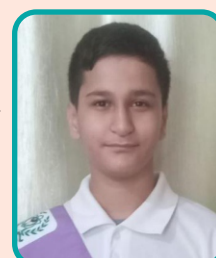
Sara Ahmed- Vice House Captain (Trojans)

I may fall short of words to express my emotions and my gratitude for the opportunity I have received to be the vice house captain of Trojan house of the school. I extend my sincere thanks to my principal and teachers who inculcated such capabilities in me that I felt confident to be able to discharge my duties and responsibilities as the house vice captain of my prestigious school IDPS. Also I thank all the students who trusted me and have put their faith in me. A team is like a tool set, not one tool can do all the jobs, but together it can, so let's join our hands together to work with team spirit in the day to day functioning of our school and the students. Vision is to provide a safe learning environment with a welcoming atmosphere which creates a sense of belonging amongst the families. We maintain an inclusive environment which acknowledges and respects children from diverse family and cultural backgrounds. Let's take our school to the greater heights of success.



Aayush Sharma- Vice House Captain (Knights)

I Ayush Sharma and I am from Grade IX-B. Currently I am holding the position of vice house captain Knights house of the school. I extend my sincere thanks to all the school administration and worthy faculty who inculcated such abilities in me that I felt confident to be able to discharge my duties and responsibilities as a vice house captain of such a prestigious school IDPS. Also I like to thank all the students who trusted me and have put their faith in me. My Vision is a community where all children feel loved, respected and encouraged to develop to their fullest potentials. As a vice house captain, I believe being a good role model and responsible person is very important. I will always try my best in solving problems and helping out when needed and always having a positive attitude as well as will be approachable and everyone is welcome to come up and talk to me and I am also looking forward to make 2021 the most enjoyable year for all the schoolmates. According to me a captain is no one but a person who leads in every sense. My gratitude to you all.



Madiha Shabbier- Vice House Captain (Samurai)

I'm Madiha Shabir from 9th B. I'm vice house captain of samurai house. And I really want to thank school administration and worthy faculty for letting me to be a part of student council (2021-22) and for giving me this opportunity to work with amazing teachers as well as to work with great student council. As a vice house captain, I believe being a good role model and responsible person is very important. I will always try my best in solving problems and helping out when needed and always having a positive attitude as well as will be approachable and everyone is welcome to come up and talk to me and I am also looking forward to make 2021 the most enjoyable year for all the schoolmates. According to me a captain is no one but a person who led in every sense. My gratitude to you all.



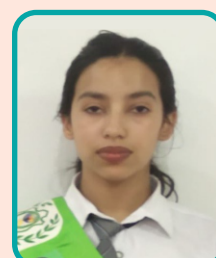
Hadeeqa- Cultural Captain (SENIOR)

I, Hadeeqa Fayaz am here to express my gratitude for selecting me as the Cultural Captain of IDPS. I feel very thankful to all the teachers for their trust and confidence shown upon me. I promise you all that I will fulfill all my duties and will always be honest and sincere in whatever I do. For this I need the whole hearted cooperation of teachers, school cabinets and my school mates and I have strong trust on all of you. I have been given a great opportunity to work with such talented school cabinets so I feel myself very lucky as I know their blooming capabilities. In partnership with families and community, our goal is to create relevant learning opportunities for students — both inside and outside the classroom — that help them develop the knowledge, critical thinking skills, and character necessary to succeed in a technologically advanced world. Before ending I would like to present a reading from Rig-Veda for all my friends and especially for all the council members "There is a great strength in all of you. No one can wipe away your destination. Leave alone ordinary things of life, even the great mountains cannot bar your path. You are strong than the Sun". Once again Thanks to all of you.



Summiya- Cultural Captain (JUNIOR)

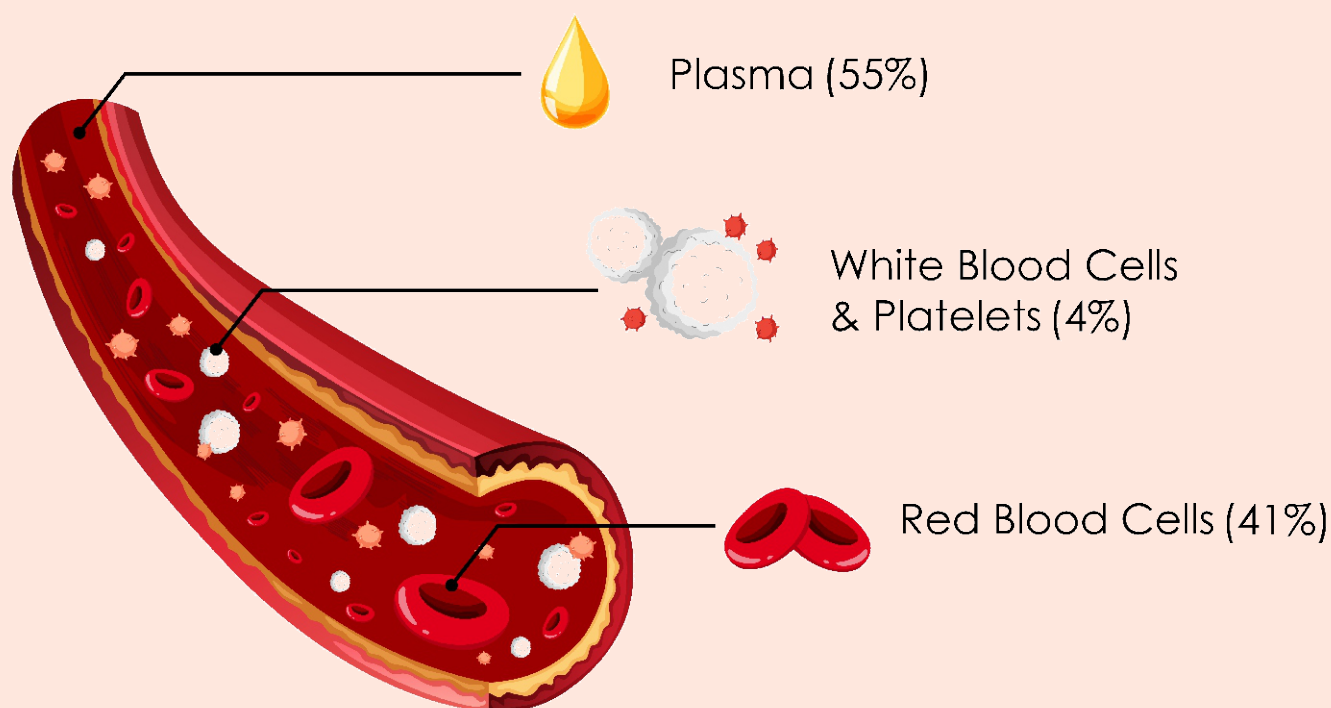
I Summiya Malik, the Cultural Captain of the school feel privileged and honoured on holding this post that has been bestowed upon me by our prestigious institution. I feel very thankful to all the teachers for their confidence and trust shown upon me. I promise to all of you that I will fulfill my duties with my full honesty. I will be looking forward towards your expectations and would maintain the decorum of the school. My school's reputation shall be my first priority and my duties shall be my honour. Our schools vision is to develop well rounded, confident and responsible individuals who aspire to achieve their full potential. We will do this by providing a welcoming, happy, safe, and supportive learning environment in which everyone is equal and all achievements are celebrated. We strive to prepare all students to become lifelong learners and responsible citizens ready to meet the challenges of the future. Thus I end up by thanking you all for your confidence and support and I will prove to be the right choice of every one.



Human Blood

- ⬆ The blood constitutes 7% of the total weight of the human's body.
- ⬆ Its pH value is nearly 7.4, so it is considered basic in nature.
- ⬆ There is an average of 5-6 liters of blood in the human body.
- ⬆ Blood consists of two parts:- PLASMA & BLOOD CORPUSCLES.
- ⬆ PLASMA :- It is the liquid part of the blood. It constitutes 60% part of the blood. The plasma's 90% part is water, 7% protein, 0.9% salt and 0.1% is glucose. Its main function is to transport of digested food, hormones, and the excretory product from part of the body to another part of the body. When fibrinogen & protein is extracted out of Plasma, the remaining plasma is called Serum.
- ⬆ BLOOD CORPUSCLES:- It constitutes 40% part of the blood.
- ⬆ RBC (RED BLOOD CORPUSCLES) :- The nucleus is absent from it. Exception - camel and lama. It is formed in Bone Marrow (At the embryonic stage its formation takes place in the liver). It has life span of 20 days to 120 days. Its destruction takes

COMPOSITION OF BLOOD



place in spleen so it is called grave of RBC. It contains hemoglobin, in which haeme is iron containing compound. Due to the presence of hemoglobin colour of blood is red. Globin is a proteinous compound which is extremely capable of combining with oxygen and carbon-dioxide. The iron compound found in hemoglobin is haematin and its function is to carry oxygen to all cells of the body and bring back the carbon dioxide. Anaemia disease is caused due to the deficiency of hemoglobin. At the time of sleeping RBC is reduced by 5% and the people, who are at the height of 4200 meters, RBC increases by 30% in them.

- ⬆ WBC (WHITE BLOOD CORPUSCLES):- Its formation takes place in Bone Marrow, lymph node and sometimes in liver and spleen. Its life span is 5-20 days. The nucleus is present in the WBC. Its function is to protect the body from the disease. The ratio of RBC and WBC is 600:1. It consists of granulocytes and agranulocytes. Granulocytes consists of Neutrophils, eosinophils and basophils. Agranulocytes consists of lymphocytes and monocytes.
- ⬆ BLOOD PLATELETS OR THROMBOCYTES:- Found only in the blood of human and other mammals. Its formation takes place in the Bone Marrow and the nucleus is absent in it. Its life-span is 3-5 days. It dies in the spleen. It helps in clotting of blood.

FUNCTIONS OF BLOOD:-

- ⬆ To control the temperature of the body and to protect the body from diseases.
- ⬆ Transportation of oxygen, carbon-dioxide, digested food, conduction of hormones etc.
- ⬆ To help in establishing coordination among different parts.

BLOOD GROUP OF HUMAN:-

- ⬆ Blood group was discovered by Landsteiner in 1900. For this, he was awarded Nobel Prize in the year 1930. The main reason behind the difference in the blood of the Human is the glycoprotein which is found in Red Blood Corpuscles called an antigen.
- ⬆ The antigen is of two types – Antigen A & Antigen B
- ⬆ On the basis of the presence of Antigen or Glyco Protein, there are four groups of blood in human.
- ⬆ That contains Antigen A – Blood Group A
- ⬆ That contains Antigen B – Blood Group B
- ⬆ That contains both the Antigen A & B – Blood Group AB
- ⬆ That contains neither of Antigens – Blood Group O
- ⬆ Blood Group O is called the universal donor because it does not contain any antigen.
- ⬆ Blood Group AB is called universal recipient because it does not contain any antibody.
- ⬆ Heparin is an anti-coagulant which is present in the blood which assures smooth blood flow in the vessels.

TOKYO “Paralympics”

NAME	SPORTS	EVENT	MEDAL	CLASS
Sumit Antil	Athletics	Men's Javelin Throw - F64	GOLD	Sport Class: F64
Pramod Bhagat	Badminton	Men's Singles SL3	GOLD	Sport Class: SL3
Krishna Nagar	Badminton	Men's Singles SH6	GOLD	Sports Class: SH6
Manish Narwal	Shooting	P4 - Mixed 50m Pistol SH1	GOLD	Sport Class: SH1
Avani Lekhara	Shooting	R2 - Women's 10m Air Rifle Standing SH1	GOLD	Sport Class: SH1
Yogesh Kathuniya	Athletics	Men's Discus Throw - F56	SILVER	Sport Class: F56
Nishad Kumar	Athletics	Men's High Jump - T47	SILVER	Sport Class: T47
Mariyappan Thangavelu	Athletics	Men's High Jump - T63	SILVER	Sport Class: T42
Praveen Kumar	Athletics	Men's High Jump - T64	SILVER	Sport Class: T44
Devendra Jhajharia	Athletics	Men's Javelin Throw - F46	SILVER	Sport Class: F46
Suhas Yathiraj	Badminton	Men's Singles SL4	SILVER	Sport Class: SL4
Singhraj Adhana	Shooting	P4 - Mixed 50m Pistol SH1	SILVER	Sport Class: SH1
Bhavina Patel	Table Tennis	Women's Singles - Class 4	SILVER	Sport Class: 4
Harvinder Singh	Archery	Men's Individual Recurve - Open	BRONZE	Sport Class: ST
Sharad Kumar	Athletics	Men's High Jump - T63	BRONZE	Sport Class: T42
Sundar Singh Gurjar	Athletics	Men's Javelin Throw - F46	BRONZE	Sport Class: F46
Manoj Sarkar	Badminton	Men's Singles SL3	BRONZE	Sport Class: SL3
Singhraj Adhana	Shooting	P1 - Men's 10m Air Pistol SH1	BRONZE	Sport Class: SH1
Avani Lekhara	Shooting	R8 - Women's 50m Rifle 3 Positions SH1	BRONZE	Sport Class: SH1

LET’S QUIZ AROUND

1. What's the name of the annual championship in major league baseball?

2. Which basketball team plays their home games at United Center in Chicago?

3. In soccer which player is the only player who can touch the ball with their hands?

4. In American football what is it called when you receive or run with the ball in the end zone?

5. What does the acronym "NHL" stand for?

6. There are 4 Grand Slam tennis tournaments: The US Open, Australian Open, French Open and which other one?

7. In what European city were the first Olympics held?

8. What do players hit in badminton?

9. Which country does soccer player Lionel Messi play for?

10. How wide is a hockey puck: 3 inches or 5 inches?



- ANSWERS:
- Q1. The World Series

Q2. Chicago Bulls

Q3. The Goalkeeper

Q4. A Touchdown

Q5. National Hockey League

Q6. Wimbledon

Q7. Athens


Q8. A Shuttlecock

Q9. Argentina

Q10. 3 inches


AMAZING FACTS

GARLIC BULBS



Garlic Bulbs are full of Vitamin C, iron, potassium, magnesium, zinc and more. It also has 17 amino acids.

POTATO: CURRENCY



On the South Atlantic island of Tristan da Cunha, potatoes were once used as currency.


NUTS




Peanuts aren't nuts! (They're legumes.)

Fabled First

SIR OSBORNE ARKELL SMITH



ICE CAVES



There are ice caves in Iceland that have hot springs.

VENUS



One day on Venus is almost 8 months on Earth.

ONE INCH SPIDER



The biggest fossil of a spider was found in China. It is one-inch long and 165 million years old.

Maharaj Sri Nagendra Singh (18 March 1914 – 11 December 1988) was an Indian lawyer and administrator who served as President of the International Court of Justice from 1985 to 1988. He was one of the four judges from India to have been Judges of the International Court of Justice in The Hague, the others being B. N. Rau (1952–1953), R. S. Pathak (1989–1991) the 18th Chief Justice of India, and Dalveer Bhandari (2012–), former Justice of the Supreme Court of India. Singh was born in Dungarpur State of India as the third son of Bijaya Singh and Devendra Kunwar Sahiba. He was educated at Mayo College, Ajmer. He hails from a royal Rajput family. Before joining the Civil Service he was educated at St John's College, Cambridge.

QUOTE

Henry Ford

"The whole secret of a successful life is to find out what is one's destiny to do, and then do it."

SCRABBLE

B	E	R	I	G	G
T	U	T	S	M	O
D	E	S	P	R	A
A	T	F	O	M	R
I	E	C	D	V	E




Anang Tadar

ARUNACHAL TEEN DEVELOPS GOGGLES TO HELP THE BLIND

A high school student in Arunachal Pradesh has invented a unique pair of goggles that uses ultrasound and infrared sensors to help the visually impaired detect obstacles on their path. On Friday, the State government pledged financial support for him to develop the gadget. **Anang Tadar**, a Class XI student of New Galaxy Academy, Nirjuli, was recently awarded the Dinanath Pandey Smart Idea Innovation Award for inventing a gadget called Goggle for Blind (G4B). Impressed by his innovation and keen to launch it in the market, the National Innovation Foundation, set up by the Department of Science and Technology, has asked Anang to create a few prototypes for the visually impaired to test. Anang, who comes from a poor family, approached Chief Minister Pema Khandu for assistance. The Chief Minister offered full financial support to him to develop the prototype. The teenager said the googles could be used to detect any obstacles on all sides within a distance of two metres. He says he used the principle of echolocation as used by bats at night. There are two ultrasound sensors on the left and right of the goggles to detect obstacles.

WORD MEANING



WORD:- BUTTE

MEANING:- AN ISOLATED HILL OR MOUNTAIN RISING ABRUPTLY ABOVE THE SURROUNDING LAND.

SENTENCE:- ALTHOUGH THERE IS NO WATER SOURCE ON THE BUTTE, THERE ARE RUINS OF SMALL CLIFF DWELLINGS IN THE HIGHER REGIONS OF THE BUTTE.

QUIZ

1. The largest 'Democracy' in the world?
2. Which is the instrument used to measure Blood pressure?
3. Who is the founder of Microsoft?
4. Global warming is caused by the excess of which type of gas?
5. What is the name of the biggest rain forest in the world?
6. Stars and Stripes' is the nickname of the flag of which country?

1. INDIA

2. BLOOD PRESSURE MONITOR

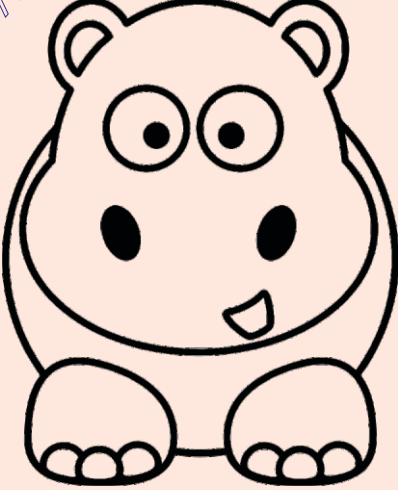
3. BILL GATES

4. CARBON DIOXIDE

5. THE AMAZON

6. UNITED STATES OF AMERICA

COLOURING PICTURE



Current Affairs

1. State Bank of India has opened a floating ATM on a Houseboat at Dal Lake in Jammu and Kashmir's Srinagar for the convenience of locals and tourists. The floating ATM was inaugurated by SBI Chairman Dinesh Khare.
2. A 19-year old Pakistani climber Shehroze Kashif became the youngest person in the world to reach the summit of K2, the second-highest peak in the world. Shehroze Kashif from Lahore achieved the feat of scaling the 8,611-metre high peak with the aid of bottled oxygen.
3. The Vice President of India, M Venkaiah Naidu laid the foundation stone of the Innovation and Development Centre of Jawaharlal Nehru Centre for Advanced Scientific Research (JNCASR), Bengaluru. The JNCASR
4. Karnataka has become the first state in the country to issue the order with regard to the implementation of the National Education Policy-2020. The state government has issued an order on the implementation of NEP-2020 with effect from the current academic year 2021-2022.
5. Uttarakhand Chief Minister Pushkar Singh Dhami has announced that Indian women's hockey team player Vandana Katariya will be the brand ambassador of the state's Department of Women Empowerment and Child Development.
6. Vice Admiral SN Ghormade has assumed charge as the Vice Chief of Naval Staff at a formal ceremony in New Delhi. He succeeds Vice Admiral G Ashok Kumar who retired on July 31, 2021, after more than 39 years of illustrious service.
7. The Indian government approved the appointment of Dr Dhriti Banerjee as the director of the Zoological Survey of India. She is a prolific scientist, conducting research in zoogeography, taxonomy, morphology and molecular systematics. On the occasion of its centenary celebrations in 2016, Banerjee had co-authored the "The Glorious 100 Women's Scientific Contribution in ZSI", which chronicled the contributions of women scientists in the domain of animal-related groups.
8. Kamlesh Kumar Pant, a 1993-batch IAS officer of Himachal Pradesh cadre, has been appointed as the new chairman of National Pharmaceutical Pricing Authority (NPPA) by the Appointments Committee of the Union Cabinet.
9. The Central Vigilance Commission (CVC) has announced the re-appointment of T M Bhasin as chairman of the Advisory Board for Banking and Financial Frauds (ABBFF).
10. India is ranked 122nd on a new Global Youth Development Index 2020 measuring the condition of young people across 181 countries, released by the Commonwealth Secretariat in London
11. Dr Jitendra Singh has released India's first cattle genomic chip 'IndiGau' for the conservation of pure varieties of indigenous cattle breeds like, Gir, Kankrej, Sahiwal, Ongole etc. The chip has been developed by scientists of National Institute of Animal Biotechnology (NAIB), Hyderabad, an autonomous institution under the aegis of the Department of Biotechnology. The chip will help in achieving the goal of conservation of our own breeds with better characters and help towards doubling farmers' income by 2022.
12. The world's highest movie theatre has recently been inaugurated in Ladakh, which got its first-ever mobile digital movie theatre in the Paldan area of Leh, at an altitude of 11,562 feet. The inflatable theatre can operate in -28 degrees Celsius. The initiative aims to bring cinema watching experience to most remotest areas of India. It must be noted that four such theatres will be established in Leh in the coming period
13. Prime Minister Narendra Modi has announced that Rajiv Gandhi Khel Ratna Award will be renamed as Major Dhyan Chand Khel Ratna Award. The Prime Minister said the move was based on the numerous requests he received from across the nation. Dhyan Chand, whose birthday is celebrated as National Sports Day, won three Olympic golds for the country in Hockey.
14. Four more wetlands from India have been added to the list of Ramsar sites, giving it the status of 'Wetland of International Importance'. With this, the total number of Ramsar sites in India have reached 46, covering a surface area of 1,083,322 hectares. The sites have been recognised as wetlands of international importance under the Ramsar Convention. Two of these sites are in Haryana, while the other two are in Gujarat.
These sites are:
Thol, Gujarat
Wadhvana, Gujarat
Sultanpur, Haryana
Bhindawas, Haryana
15. The Athletics Federation of India has decided that javelin throw day will be on 7th August every year in honour of Olympic gold medalist Neeraj Chopra.
16. Germany became the 5th country to sign the International Solar Alliance Framework Agreement after amendments to it entered into force on 8th January 2021, opening its Membership to all Member States of the United Nations.
17. Kaziranga National Park (KNP) in Assam has become the first national park in India to be equipped with satellite phones. Assam Chief Secretary Jishnu Barua handed over 10 satellite phones to the forest personnel of the Kaziranga National Park. The satellite phones will boost the anti-poaching measures in the park. BSNL will be the service provider of these phones.



Story Time- An Old Man Lived in the Village



An old man lived in the village. He was one of the most unfortunate people in the world. The whole village was tired of him; he was always gloomy, he constantly complained and was always in a bad mood. The longer he lived, the more bile he was becoming and the more poisonous were his words. People avoided him, because his misfortune became contagious. It was even unnatural and insulting to be happy next to him. He created the feeling of unhappiness in others. But one day, when he turned eighty years old, an incredible thing happened. Instantly everyone started hearing the rumour: "An Old Man is happy today, he doesn't complain about anything, smiles, and even his face is freshened up." The whole village gathered together. The old man was asked: Villager: What happened to you? "Nothing special. Eighty years I've been chasing happiness, and it was useless. And then I decided to live without happiness and just enjoy life. That's why I'm happy now." – An Old Man

Moral of the story: Don't chase happiness. Enjoy your life.

From Editor's Desk

Resilience



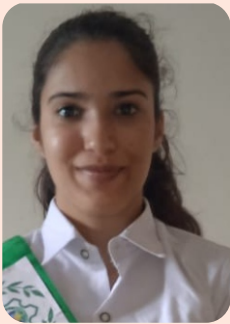
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Chief Media Editor
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Resilience is accepting your new reality, even if it's less good than the one you had before. You can fight it, you can do nothing but scream about what you've lost, or you can accept that and try to put together something that's good." —Elizabeth Edwards

Building inner strength begins with simple actions or thoughts that your child practices, such as planning for what to do next and learning to accept change. Inner strength can help a child face problems. Children who are resilient are more likely to grow into healthy, happy adults, even in the face of poverty, divorce, or family tragedy. They are better able to stand up to peer pressure so they can avoid using drugs, drinking alcohol, and smoking and able to resist messages in the media that tell them to be or look a certain way. They Feel confident when meeting new people. Like to do nice things for others. They are loving, lovable and optimistic about life. Children often surprise us with how resilient they are. But there is much you can do as a parent to help your young child or your teenager grows stronger.

By working to develop a child's inner strength, you are giving that child the emotional and mental tools needed to stay healthy and happy throughout life.

Iqtida Syed- Editor-in-Chief



Greetings everyone!

I Iqtida Syed would like to thank the management staff who thought me capable to take up this opportunity. I don't have words to express my extreme happiness. I would like to share my expectations from myself being the Editor-in-Chief this year. As a loyal Editor is asked to accomplish all his duties with utmost sincerity and determination to give justice to this badge. This badge makes me remind that I am not given this badge just to be happy, it is given to accomplish all these duties which I ought to do. Secondly, I would not make any fake promises to you because I believe that I will do then prove, rather we will do and then prove. I don't want to become any politician and show you big-big dreams; we will walk together and make those dreams reality. At this moment I am filled with enthusiasm to begin this fantastic new journey of my life and it would be successful only with your valuable support and God's Blessings.

Ayesha- Assistant Editor



A leader is one who knows the way,
Shows the way and goes the way

My self-Ayesha and I am from Grade IX-A.... Currently I am holding the position of Assistant editor in chief at IDPS JAMMU. First of all, I like to Thank all the faculty members who thought that I am capable of this position and for recognizing my abilities and skills. Well first of all I believe that my previous year experience have made me ready for this year. During the last year when I was the Vice house captain I was a little bit confused and nervous. I was unsure how to perform my jobs and tasks. But last year served as a big time learning experience. I learned a lot from the mistakes I made. This year I have perfected those mistakes. The one thing that made me stand out is my work ethic. In everything I do I put my fourth maximum efforts. When a task is assigned to me I do everything in my power to complete that task. I am relentless. I don't hold anything back. Being an assistant editor is actually a privilege to me. I give you a word that I will be responsible for supporting editorial teams in all aspects of production, such as researching, copy-editing, writing, fact-checking, and developing story ideas etc. At last but not the least I again extend my warm gratitude towards the school administration and worthy faculty for letting me to be a part of the Students Council (2021-22) and for giving me the opportunity to work with such amazing teachers and as well as with Great Students Council....

Alliena Singh- Junior Editor



I would like to thank our Teachers, the whole staff and to my dear friends, for giving me this wonderful opportunity. I am pleased to see that our principal and the teachers have faith in me that I can do something and I will also try to give upon my best for this school. I Alleina Singh the Junior Editor of the school feels privileged and honoured on holding this post that has been bestowed upon me by our prestigious institution. I feel very thankful to the teachers for their confidence and trust shown upon me. I promise to all of you that I will fulfill my duties with my full honesty. I will be looking forward towards your expectations and would maintain the decorum of the school. My school's reputation shall be my first priority and my duties shall be my honour. My Vision is a community where all children feel loved, respected and encouraged to develop to their fullest potential. To provide high quality education and childcare in a safe, respectful and inclusive environment that builds a foundation for life-long learning. Thus I end up by thanking you all for your confidence and support and I will prove to be the right choice of every one.